



## Looking at Ageing Differently

### A Free Seminar hosted by University of Brighton researchers

What does a good quality of life in older age mean?

What can be done to ensure that older people are able to remain in work?

How is older age likely to change due to advances in medical science?

These are important questions that University of Brighton researchers from the social and biological sciences are exploring, using a wide range of methods and techniques. This event will bring together researchers, older people, organisations representing and working with older people, and policy makers. It will be an opportunity for participants to learn from each other, and to have their say in the comfortable setting of the Old Ship Hotel in Brighton. The first part of the event will explore issues related to quality of life:

- **Paul Stenner** will present research on how a sample of older people make sense of active ageing;
- **Richard Faragher** will discuss advances in the biology of ageing and their implications for older age;
- **Marian Barnes, Lizzie Ward and older co-researchers** will discuss the process of researching well-being with older people.

The second part of the event will explore policy issues:

- **Claire Hann** from the **South East England Development Agency** will outline the case for recruiting and retaining more older workers in the South East, and will discuss the lessons learned from the region's '40-70 Tomorrow's Workforce' programme for designing mainstream employment support programmes;
- **David Lain** will draw on research from the UK, USA and Europe to discuss the consequences of abolishing mandatory retirement ages;
- **Alexandra Barnes** from the National Pensioners Convention will give her perspectives on the issues explored in the seminar.

**Event Details: 18 March 2010, 1.00-5.00pm.**

**The Old Ship Hotel, Regency Suite, 31-38 Kings Road, Brighton.**

**For further details or to reserve a place please contact David Lain**

Telephone: 01273 641922 E-mail: [d.lain@brighton.ac.uk](mailto:d.lain@brighton.ac.uk)

Address: University of Brighton, Mithras House, Lewes road, Brighton BN2 4AT.



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